

1. Title of the Practice :

NSS

Goal: To inculcate the qualities of deep sense of nationalism, selfless community services, character building, leadership, comradeship, courage, discipline and spirit of adventure.

The Context:

Along with academic activities, extensional activities of NSS are given equal priority in our institution. To promote extensional activities, we give importance to the various activities of NSS. These activities have been functional in the institution from the very date of its establishment. Our NSS unit is affiliated with VNSGU, Surat .

The Practice and Evidence of Success :

The NSS unit of the college started its activities with the motto 'Not Me But You' in the beginning of the academic year with the support of NSS volunteers under the able guidance of programme officers. We observed that many of our students are very much interested in serving the society. So NSS unit provides them a very good platform to develop the qualities of leadership, patriotism, courage, adventure spirit and social service. The regular activities of NSS are tree plantation, the celebration of National festivals of 15th August, 26th January, Gandhi Jayanti etc. The unit distributes fruits and biscuits in the public hospital on national festivals. Also the NSS unit celebrates the festival of Rakshabandhan with the orphan children, patients, prisoners, etc. The unit organizes Blood donation camp, cleanliness drive, health awareness programmes. The regular activities of the unit are held on every Sunday. Every year annual camp is held in near by village. The activities start with prayer, followed by news reading, recitation of shlokas from scriptures, and a short discourse on the thought of the day by NSS officer. Cleaning of college campus along with eco survey of the campus is integral part of NSS unit. We cannot imagine life without practical knowledge. Mere classroom education and the knowledge based on only theory are imperfect. In order to get perfect knowledge of society and humanity, regular and special activities of NSS give practical knowledge and teach students to become self-reliant, cooperative and benevolent.

2. Title of the Practice :

Sports

Goal: 'A sound mind in a sound body' is also our one of the mottos apart from academic activities and hence we encourage sports activities in the institution. Sports in our college is given importance as it helps develop the personality of the student.

The Context:

Along with academic activities, Sports is given equal priority in our institution. To promote sports activities, we give importance to students' participate in various sports like Gymnastics, Archery, Cricket, Running, High Jump, Long Jump, Football, Hockey, Chess etc. These activities are exercised in the institution from the very date of its establishment. Facilities are provides to students to practise regularly.

The Practice and Evidence of Success :

In sports students are guided well and given proper training through out the year in order to achieve their goal. Continuous monitoring system is exercised for excellent result in this field. We are glad to announce that our tribal students many times won championship at University level in Cross Country Run. In this game students are selected in university sports team, too . In addition to that at national level also their performance is appreciative .Every year the results of sports activities are very encouraging. In cricket also college team performed well. Our tribal students who are deprived of basic needs to live life have won gold and silver medals.

